



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BUST A GROOVE



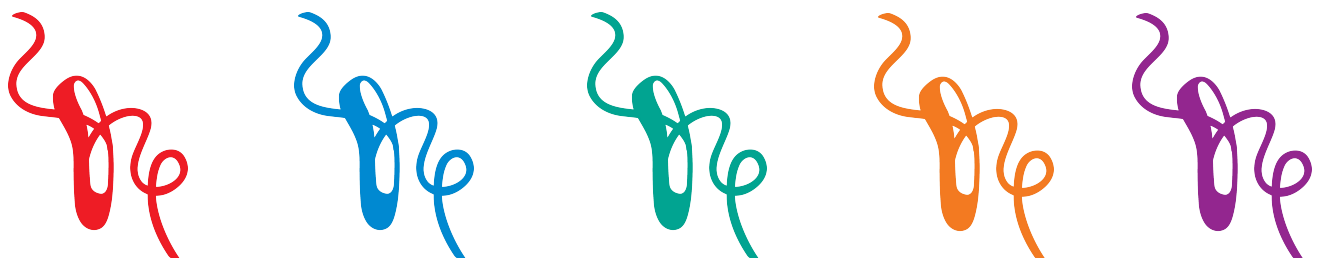
Youth Dance J.A. WALTERS FAMILY YMCA

The performing arts is a fantastic way to encourage creativity and to explore movement! Students will showcase routines during an end of season performance! Some of the benefits of dance include:

- Physical activity
- Body control
- Strength and coordination
- Memory improvement
- Rhythm of music
- Learn to follow instructions
- Teamwork
- Confidence and poise

WHEN: January 31, 2019 – May 23, 2019
REGISTRATION: December 13, 2018-January 24, 2019
LATE REGISTRATION: January 25 – January 30 (additional \$15 late fee)
CONTACT: Emily Young
(emily.young@gamountainsymca.org)

*6 participant minimum per class.



Dance



PRE BALLE

Thursday 3:30-4:15 PM

Age: 2-4 (Child must turn 2 years old by February 1st)

Members: \$170 Nonmembers: \$220

A 45 minute ballet class. Begin to learn fundamentals of ballet using creative movement and imaginative play.

BALLE/TUMBLE

Thursday 4:15-5:15 PM

Ages: 5-8 (Child must turn 5 years old by February 1st)

Members: \$185 Nonmembers: \$235

A 60 minute beginner class that introduces basic fundamentals of ballet and tumbling techniques.

DRESS REQUIREMENTS

Girls: leotard, full body tights, ballet shoes, hair pulled away from the face

Boys: fitted t-shirt, black spandex shorts or athletic tights, ballet shoes